

Health Information Week 2018



Monday 2nd July	Tuesday 3rd July	Wednesday 4th July	Thursday 5th July	Friday 6th July
Fake News	Banishing Doctor Google	Self-Care and Signposting: Patient Information	Reading for Wellbeing	Information MOT
<p>Randomised Chocolate Trial</p> <p>Redwoods Centre Foyer</p> <p>12pm-1pm</p> <p>Join our randomised chocolate trial! Help us to test the effects of chocolate consumption and raise awareness of clinical trials</p>	<p>Search Engine Detox</p> <p>St George's Library Redwoods Library MPFT Intranet</p> <p>10am-3pm</p> <p>we challenge you to complete our search engine detox and find new ways of looking for health information online</p>	<p>Health Information - Trust it or Trash it?</p> <p>St George's Library Redwoods Library</p> <p>10am-3pm</p> <p>Take part in our activity to help you think critically about health information and judge whether it is good or poor quality</p>	<p>Reading for Wellbeing Taster Session</p> <p>The Oasis Room, Redwoods Centre</p> <p>12.30pm-1.00pm</p> <p>Come along to our reading for wellbeing taster session. Boost your mood with a cup of tea and a shared story. Everyone welcome!</p>	<p>Drowning in Information? We can help!</p> <p>St George's Library Redwoods Library</p> <p>10am-3pm</p> <p>Bring along topics that you want to keep up to date on. Book your 10 minute slot, or drop in to the library. We'll help give you peace of mind and a piece of cake!</p>
<p>Fake News Quiz</p> <p>St George's Library Redwoods Library</p> <p>10am-3pm</p> <p>Health news: are they telling us the whole story? Take our quiz to see which headlines are true and which are fake news</p>	<p>Information Toolbox</p> <p>St George's Library Redwoods Library</p> <p>10am-3pm</p> <p>Book a slot or drop into the library for a short demo of some of the tools you can use to find quality health information. Bring a topic of interest along or choose one on the day.</p>	<p>Patient Information Exchange</p> <p>MPFT Intranet</p> <p>10am-3pm</p> <p>Add to the discussion and let us know where you signpost patients or where you get the information you hand out. We'll collate ideas and share them at the end of the week.</p>	<p>Blind Date with a Book</p> <p>St George's Library Redwoods Library</p> <p>10am-3pm</p> <p>Go on a blind date with a book! Choose from one of our mystery fiction and biographies using only a few clues.</p>	<p>Be Aware</p> <p>Library Website: library.sssfth.nhs.uk/ librarykeepuptodate</p> <p>10am-3pm</p> <p>We're adding new topics to our Be Aware weekly email updates service and want to hear from you. Let us know what topics you'd like to keep updated on.</p>