

LKS Library and Knowledge Services

Library Resources to Support NICE Guidance on Antenatal and Postnatal Mental Health

CG 192 Antenatal and postnatal mental health: clinical management and service guidance (December 2014)

Journals

No journals specifically on perinatal mental health.

Many general psychiatric and medical journal titles include articles on perinatal. Any individual articles can be sourced through Library Services.

Titles Added to Stock after Consultation

Hanley, J. (2015) **Listening visits in perinatal mental health: a guide for health professionals and support workers**

Stafford WQ540

Ferrara Mori, G. (2015) **From pregnancy to motherhood : psychoanalytic aspects of pregnancy, childbirth and early motherhood**

Redwoods WQ505

Wenzel, A. (2014) **Cognitive behavioral therapy for perinatal distress**

Stafford WQ540

Quagliata, M. (2013) **Becoming parents and overcoming obstacles: understanding the experience of miscarriage, premature births, infertility and postnatal depression**

Stafford WQ505

Williams, C. (2012) **Overcoming postnatal depression: a five areas approach**
Redwoods WQ540

Wenzel, A. (2010) **Anxiety in childbearing women**
Stafford WQ540

Kleiman, K. (2008) **Therapy and the postpartum woman**
Redwoods WQ540

Milgrom, J. & Gemmill, A. (2015) **Identifying perinatal depression and anxiety**
Stafford WQ540

Titles added as E-books

Use the link from the library catalogue to access these titles-

<http://sssft.nhslibraries.com>

Galbally, M. (2014) **Psychopharmacology and pregnancy: treatment efficacy, risks and guidelines**

Martin, C. (2011) **Perinatal mental health**

Titles from the survey where publication has been delayed so will be added to stock when they become available

Milgrom, J. (2015) *Treating postnatal depression: a cognitive-behavioural approach for health care practitioners*

Now due March 2016

A selection of book titles already in stock, December 2014

Kohen, D. (ed.) (2010) *Oxford textbook of women and mental health*. OXFORD: Oxford University Press (Stafford library)

Henshaw, C., Cox, J. and Barton, J. (2009) *Modern management of perinatal psychiatric disorders*. London: Gaskell (Stafford library)

O'Keane, V. and Marsh, M. (2006) *Psychiatric disorders and pregnancy*. Abingdon: Taylor and Francis. (Redwoods library)

Cox, J. and Holden, J. (2003) *Perinatal mental health: a guide to the Edinburgh Postnatal Depression Scale*. London: Gaskell (Royal College of Psychiatrists) (Redwoods and Stafford libraries)

Nicolson, P. (2001) *Postnatal depression: facing the paradox of loss, happiness and motherhood*. Chichester: Wiley (Stafford library)

Keeping up to date

The library produces/circulates regular updates on perinatal mental health. Please [contact the library](#) to join the circulation list or to have a tailored alert on a more specific aspect set up.