

## Results of the Book Impact Survey

### Aim

To find out how people use the Library's books, to show the connection between the library's service and the Trust's main *objectives and priorities*.

"The Library Collection is fantastic for supporting [Evidence Based Medicine]"

### Methodology

A very brief, two question paper survey was placed in every booked issued between September and December 2015, with an email being sent to each of these 258 Library users on the 11<sup>th</sup> December, which provided a link to the electronic version of the survey.

### Results

Fifty five responses were received, with paper returns being input into the electronic survey by Library staff, to ease analysis.

As you can see from the chart in Appendix 1, the most popular uses for books was formal and informal development, followed by Patient Care, in 51% of cases. This aligns our work very closely with the Trust's aims of 'Providing high quality recovery focussed services', in that our staff use knowledge gained to support Patient Care through evidence based medicine improves care quality, and 'Respecting, inspiring and developing our workforce', as the Library supports their formal and informal CPD.

"...books like these keep me passionate about learning and the need to keep striving to improve my own practice"

### Conclusion

Personal Development and Patient Care are at the heart of what we do as a Health Library, and it is good to see that our Library users agree. Having only started our Mental Health Fiction and Biography collection this year it was heartening to see that 9% of our book uses were for their own well-being purposes.

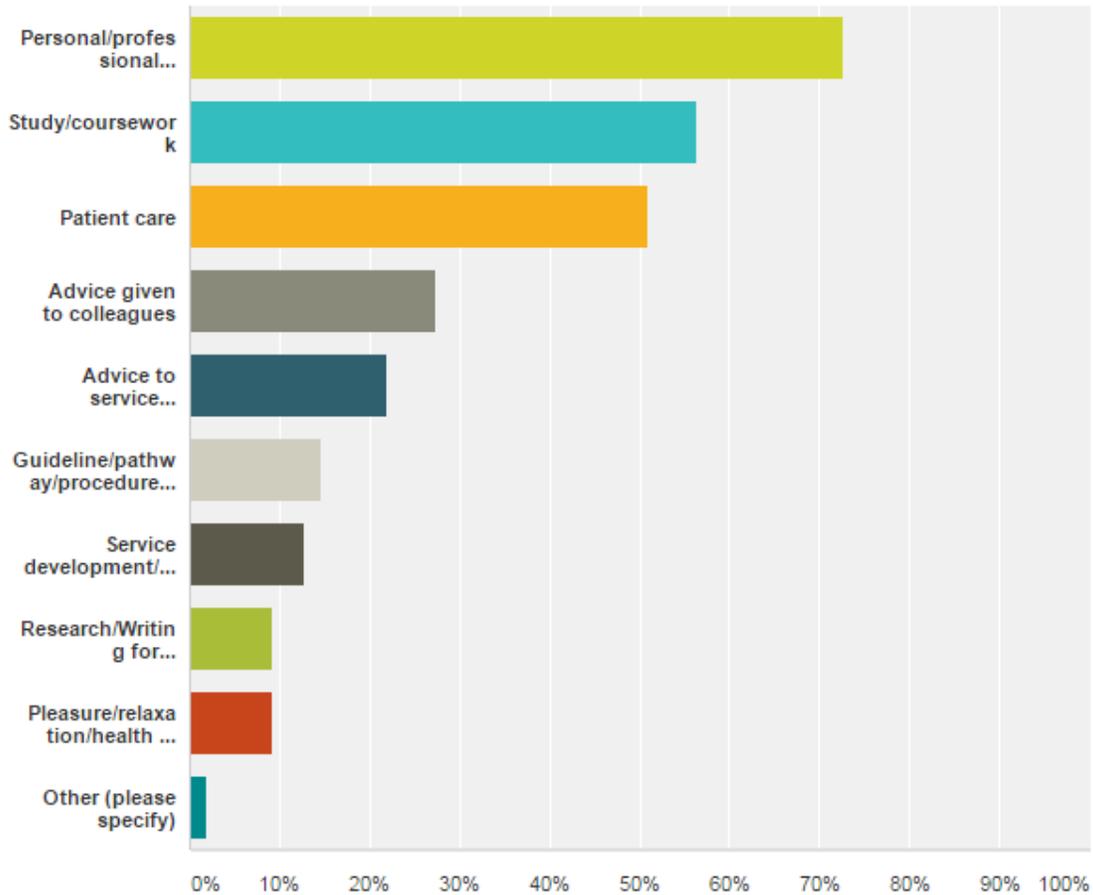
The free text comments were really helpful as well; they demonstrate the width of topics available and that these various topics are in demand. They cover everything from Leadership and Lean Methodology to Nurse Revalidation as well as revealing the variety of courses attended by Library users, from Level 3 NVQ's to Post Graduate Diplomas.

"...an invaluable, up to date and relevant text about a topic that we do not have in-depth training on"

# Appendix 1: Survey Questions and Results

**Question 1: How did/will you use the information from the book(s) you've recently borrowed from the library? (please tick as many as apply)**

Showing 55 responses



Answer Choices	Responses
Personal/professional development	72.73% 40
Study/coursework	56.36% 31
Patient care	50.91% 28
Advice given to colleagues	27.27% 15
Advice to service users/carers	21.82% 12
Guideline/pathway/procedure development/review	14.55%

Answer Choices	Responses
	8
Service development/planning	12.73% 7
Research/Writing for publication/Conference presentation	9.09% 5
Pleasure/relaxation/health and wellbeing	9.09% 5
<b>Responses</b> Other (please specify) Refelctive practuce, evidence based practice Care plans	1.82% 1
Total Respondents: 55	

**Question 2: Please give a brief example of how you've used library books for your work, study or CPD (we'd like examples to show the relevance of our book collection)**

Showing 51 responses (4 skipped)

1. For AMHP training: portfolio work
2. To train OTs in use of Pool Activity Level and Allens tool.
3. New to the team. Wanted to learn more about mental health illnesses
4. I have used library books for a variety of reasons from patient care to relaxation.
5. Attended course run by one of the authors. The book was excellent preparation. I am now able to work with young people who are traumatised, using EMDR. Excellent book - thank you
6. To guide me in my studies
7. I used the information to provide evidence within my assignment as a reference.
8. The books that I took from the library were on the booklist for my nurse prescribing course. They were up to date and relevant.
9. the book is relevant to a nvq 3 course that I am studying at the moment so it comes in really handy for my course work
10. The books allowed me to update my knowledge in areas of psychiatry and share this with the mutli-professional team.
11. I have used the books to help me complete assignments for my Business Admin NVQ level 4
12. I have used the books to aid me in My assessed and supported year in employment- which I have to complete in my first your as a newly qualified social worker.
13. Some of the books are in relation to study skills and report writing which are very relevant to my ongoing professional development. Some of the books are in relation to reflective practice which is valuable for my own continued development and also useful when mentoring/assessing students on placement.
14. To increase my knowldge and inform clinical practice.
15. I borrowed some books on leadership, which gave me some useful insights into how teams work and different ways to think about how you get different people working together. I have also discussed the books that I have read in supervision when thinking about service development.

16. personal use
17. For a literature review as part of my academic studies and also helped me to understand perinatal mental health in more detail.
18. Community service remodelling. Looking at evidence base. Gave book on loan to patient. Used to give advice to colleague.
19. helping me to think about a particular way of working (psychologically) with a particular patient
20. When undergoing training to become a Certified Leader in the Virginia Mason Production System, this book is one of the foundation essential reading requirements. It also becomes a reference point for any additional Lean training that the trust provides.
21. Have related learning from book to practice in providing CBT to clients
22. Information gathered has been used for specific case load input either as confirmation or if updated enough as evidence based practice.
23. I used my library books to increased my knowledge of living with Asperger's syndrome. This will help me in both my personal and professional life. I am not undertaking any formal study.
24. Using the book to deliver some training to staff and adding to a case study material
25. used the book to plan group supervision sessions
26. The books were used to inform my learning for the AMHP course & completion of the Portfolio.
27. Information on undertaking research and the relevance of different types of research. I have found the Library service excellent and their assistance in helping source material invaluable. All the books borrowed have been relevant.
28. review of many audiology matters. In particular looking at information on balance and auditory processing as part of plan to develop assessment pathways and protocols.
29. I wanted to read around a subject that i was writing a paper on. It was for personal / professional development.
30. I've used books to develop my knowledge in various areas relating to my work and home life, eg. to learn more about autism.
31. I am doing postgraduate study in a specialised form of OT intervention for children with ASD. Edited books have been incredibly beneficial as cross reference as well as the most recent neuroscience book.
32. I used the information to complete a mapping of the pathophysiology of bipolar disorder
33. I am using Food and Mood to prepare a course which i am going to co-deliver at the Recovery College next year.
34. Studying for Advanced certificate in Adult Autism. Books were on reading list and also utilised for referencing
35. I used the book for information on providing supervision to students. In particular I needed to know the principles of good supervision, how to deal with areas of difficulty, what factors to take into account where supervision has not gone well. It also provided other reading material that I could use.
36. The books I borrowed were used to help write my mentorship coursework.
37. I used the library book for reference for my assignment and I found it to be very useful
38. To review the knowledge base
39. Developing professional skills in areas with which I am unfamiliar - Refreshing knowledge and keeping up to date with research developments
40. Excellence in Dementia care- up to date research and examples of good practice in all areas of dementia care from clinical issues - our care pathways for assessment and diagnosis to leadership ideas for my role as clinical and operational lead for the team. Chocolate Rain - a highly related book about activities for advanced dementia sufferers, useful for our team for ideas to advise users and carers that we meet in the home setting or in care home environment Physical Health interventions in Mental health - an invaluable up to date and relevant text about a topic that we do not

have in depth training on. this is changing as we have more recognition of the importance of physical health and illness in older age and its impact on the mental wellbeing our clients. I am learning stuff about ECGs at the moment from this book, and will also be using it to look at BP pulse + circulation /heart problems which I feel is a gap in my knowledge base Leadership in Nursing I have 2 leadership books out to help support and build my confidence in the role I now find myself in . Books like these are highly relevant in motivating a team , and because they are new and directed towards nurses, I trust what I am reading. Sadly I am approaching the end of my career, but books like these keep me passionate about learning and the need to keep striving to improve my own practice.

41. I am part of a team of occupational therapists and we are developing our service using a new model. The book I borrowed has important guidance for this model which I used to help with the development of the service on my ward. I thoroughly enjoy using evidence base practice and feel it is important for guiding my work with patients, the library collection is fantastic for supporting this.
42. Mindfulness book. To be used personally , but also to incorporate it into the relaxation sessions that I do with patients, so the book was very valuable. espically the CD
43. The book was Emergency Psychiatry and updated a wide range of knowledge around different clinical situations - particularly ones encountered while 'on call' outside my immediete area of practice. Very useful book. As an aside wanted to comment about how helpful the library staff at Redwoods always are.
44. Sources of refrence, evidece based practice
45. University research.
46. To increase my understanding of and empathy for, what it is like to live with certain conditions (in this instance autism)
47. General interest and reflexion on service user/carer experience.
48. To know ICD 10 codes and to use while recording assessments. Also to explain patients their Diagnoses in a standard way. To keep myself uptodate
49. Ideas incorproated into training delivery
50. Study - Approved Mental Health Professional training, University of Birmingham.
51. doing a post grad diploma in human resource development